

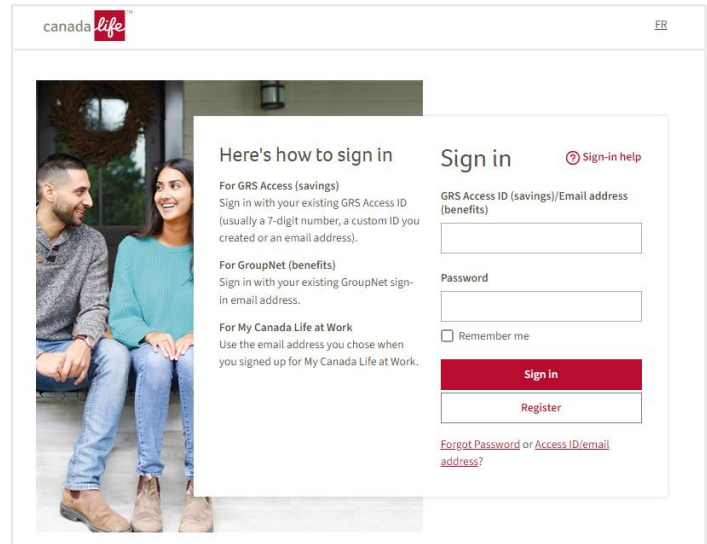
Moving over to My Canada Life at Work™

for Public Service Dental Care Plan members with a GroupNet™ account

Sign in with your GroupNet account info

Go to mycanadalifeatwork.com and select sign in with your existing GroupNet for plan members username and password.

This username and password will stay the same for My Canada Life at Work.



Say hello to My Canada Life at Work

You'll see this message when you can set up My Canada Life at Work.



Say hello to My Canada Life at Work!

We've made some improvements to how you manage your workplace benefits or savings.

You and your colleagues will now use My Canada Life at Work instead of GroupNet or GRS Access. We think you'll love the new tools and resources and how easy it is to find everything you need.

You can access it with the same email address and password you've been using to sign in to GroupNet.

Take a minute now to set it up.

[Get started](#)

Agree to terms and conditions and provide your consent

You'll **be required** to accept the website's terms and conditions to continue.

Your communication preferences will be reset to align with the new terms and conditions, but you can easily change them at any time.

Let's take care of some important legal stuff first

You agree to the [Terms and conditions](#) and [Privacy guidelines](#) for My Canada Life at Work. This includes your agreement that Canada Life can:

- Improve your experience and provide you with more relevant information and offers by using your personal information.
- Provide documents electronically where available, including product updates, statements, tax information and other relevant materials.

Your communication preferences will be reset to align with the new terms and conditions and privacy guidelines you're agreeing to. You can easily opt out of receiving documents electronically and certain uses of your personal information by going to Communication preferences in your Profile after you've registered. Please note that even if you agree to go paperless and receive information and offers, your plan may not allow this.

To learn more about how we handle your personal information, visit the [Privacy guidelines](#).

That's it!

This is what you'll see. My Canada Life at Work is similar to GroupNet. You'll still be able to:

- Submit claims online if your plan allows
- Find info on your coverage, balances and claim history
- Sign up for direct deposit
- Save a digital copy of your benefits card

canada *life*

Overview

Make a claim

Benefits +

Resources +

Info centre

Options for you

Overview

Good morning, Sam

Benefits overview

Plan number 3335

Dental

Submitted	Paid	Name	Service date	Benefit	Paid	Details >
\$105.00	\$105.00	SAM DOE	2022-11-12	Dental		

[View all claims](#)

© The Canada Life Assurance Company 2009 - 2022

[Terms and conditions](#)
[Privacy](#)
[Terms of use](#)
[Internet security](#)
[Accessibility](#)

[Contact us](#)

Questions?

If you have any questions about the website, call Canada Life at 1-855-415-4414, weekdays from 8 a.m. to 8 p.m. ET.