

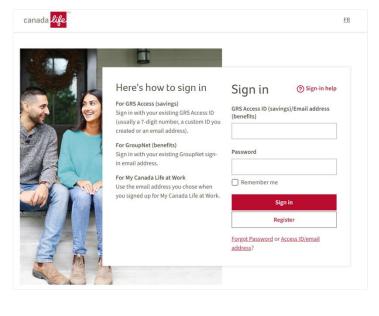
Moving over to My Canada Life at Work™

for group benefits members

Sign in with your GroupNet[™] account info

Go to <u>mycanadalifeatwork.com</u> and sign in with your existing GroupNet for plan members username and password.

This username and password will stay the same for My Canada Life at Work.



Say hello to My Canada Life at Work

You'll see this message when you can set up My Canada Life at Work.



Say hello to My Canada Life at Work!

We've made some improvements to how you manage your workplace benefits or savings.

You and your colleagues will now use My Canada Life at Work instead of GroupNet or GRS Access. We think you'll love the new tools and resources and how easy it is to find everything you need.

You can access it with the same email address and password you've been using to sign in to GroupNet.

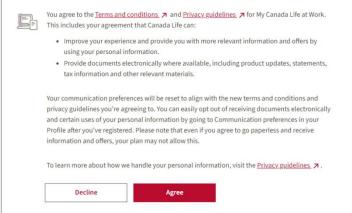
Take a minute now to set it up.

Get started

Agree to terms and conditions

You'll be required to accept the website's terms and conditions to continue.

Let's take care of some important legal stuff first



That's it!

This is what you'll see. My Canada Life at Work is similar to GroupNet. You'll still be able to:

- Submit claims online if your plan allows
- Find info on your coverage, balances and claim history
- Sign up for direct deposit
- Save a digital copy of your benefits card

What's new?

We're committed to helping you improve your financial, physical and mental well-being. That's why your group benefits website now includes a calculator to help you find out if you're on track with your retirement savings. You enter information about your current lifestyle (so it's easy to figure out) and base that on what you'd like to do in retirement. This helps you plan how much to save now to achieve your goals, and you can update it any time.

Questions?

If you have any questions about the website, call Canada Life at 1-888-222-0775, weekdays from 8 a.m. to 8 p.m. ET.

