

The My Canada Life at Work experience – Canada Life



Video transcript:

Description: This video uses footage of plan members and the My Canada Life at Work website to show how you can manage your benefits and savings plans.

Narrator: Managing your benefits and savings plans

Description: A young man stands in front a desktop computer in his home office.

Narrator: is easy with My Canada Life at Work.

Description: Cut to the My Canada Life at Work dashboard displayed on a desktop computer screen.

Narrator: Let's take a look at your benefits.

Description: The camera zooms into the screen as a cursor enters the frame and selects the "Make a claim" button.

Narrator: You can submit a claim online in minutes

Description: The "Make a claim" page is shown. The plan member selects the claim type and a previous service provider.

Narrator: Just give us your claim details

Description: The member answers a list of "Yes" or "No" medical questions. They then enter the expense details: date and type of service, length of visit and amount charged.

Narrator: and take a picture of your receipt with your phone.

Description: Cut back to the man sitting at his desk, holding a receipt and taking a picture with his phone.

Narrator: Or attach a document.

Description: Cut to the "Make a claim" page. The "Add documents" button is clicked and the receipt image is uploaded. "Continue" is selected.

Narrator: Have your claim payments deposited directly into your bank account

Description: The claim summary appears with a "Claim successfully submitted" confirmation.

Narrator: And be notified when your claims have been processed.

Description: Cut to the man sitting at the kitchen table, eating a bowl of cereal while browsing on his phone. A notification enters the frame with a mail icon that reads: "New message" and "Canada Life notice of assessment."

Narrator: You can also review your coverage and how much you have left.

Description: The "Coverage and balances" page is shown under the "Benefits" menu. The member selects "Health" then a coverage type. The used and remaining balances are displayed.

Narrator: Looking for a health care provider near you?

Description: Cut to a woman shaking hands with her dentist.

Narrator: You can do that here too.

Description: The screen splits in two. The dentist is shown speaking on the left. On the right, the "Find a provider" page is shown.

Narrator: Plus you can view, save and print your benefits cards.

Description: "Info centre" then "For benefits" are selected to show the member's benefits card. The "Save as image" and "Print card" buttons are highlighted.

Narrator: Now let's look at your savings.

Description: A middle aged couple review their financial plan on a laptop in their kitchen.

Narrator: Start with your total balance, including contributions, withdrawals, and growth.

Description: The "Savings overview" section of the My Canada Life at Work dashboard is shown. The "Summary" is highlighted as the total balance and contributions count in.

Narrator: Set a retirement goal

Description: The camera pans to the "Retirement goals" section. "Set my goal" is clicked.

Narrator: and check if you're on track to getting there.

Description: The "Retirement plan calculator" opens. Each step is completed to reach the estimated result.

Narrator: When your life or goals change,

Description: Cut to life events: a new mother holds her baby in a hospital room, a couple exchange rings during a wedding ceremony and a middle-aged man carries a moving box into his new home.

Narrator: you can update your plan,

Description: The man sits at a table, typing on his laptop.

Narrator: including your contributions and investments.

Description: The "Contributions" page is shown. "Edit amount" is clicked and a contribution amount is entered. The member selects "Save."

Narrator: And remember to make the most of your plan by checking back often for information and personalized offers.

Description: The “Resources” menu is highlighted then “Options for you” is clicked. The “Options for you” page is shown with three offers.

Narrator: With My Canada Life at Work, you can get what you need anywhere, at home or on the go.

Description: The camera zooms out to display the My Canada Life at Work dashboard on a desktop computer and phone.

Narrator: Go to mycanadalifeatwork.com to sign in today.

Description: Words “Go to mycanadalifeatwork.com to sign in today.” appear with Canada Life logo and legal lines:
Canada Life and design and My Canada Life at Work are trademarks of The Canada Life Assurance Company.
mycanadalifeatwork.com | Group Benefits: 1-800-957-9777 | Group Retirement Services: 1-800-724-3402